



Celebrate  Connect  Contribute

Commitment Letter

Scriptures teach that growth in Christ requires all the resources of the Body of Christ. Therefore we believe that it is essential that those seeking counsel from our church commit themselves to the following:

I, **(Counselee)**, am committed to moving forward in my life.

Hours: I am committed to making my appointments with **(Counselor)** and the Stonebridge Church Biblical Counseling Ministry a priority. If for some reason I cannot make the scheduled appointment, I will, to the best of my ability, inform the Church as far in advance as I can. In addition to the counseling hours, I understand that it is essential to commit myself to the following things:

~Regular church attendance

~Participation in at least one of our LIFE Groups (we'll discuss the appropriate group for you).

Homework: I realize that change is difficult to accomplish. In order to give myself the best chance at positive change in my life, I commit, to the best of my ability, to perform the assigned homework. I realize that this is an essential part of the change and healing process.

Humility: I recognize God can change me **only** if I humbly submit to him and his authority. I am willing to listen, to learn from and be led by my counselor as they give me the word of the Chief Counselor.

Psalm 51:17

"You do not delight in sacrifice, or I would bring it; you do not take pleasure in burnt offerings.¹⁷ My sacrifice, O God, is ^[b] a broken spirit; a broken and contrite heart you, God, will not despise."

(Counselee)

Date