

# EIBCC Monthly Meeting

Swisher, IA

June 16<sup>th</sup>, 2016

## Present:

Faith Baptist: Sydney Millage

Grace Community: Jason Blackley, Jim Sabin, Aimee Marino

Maranatha Bible: Thad Joyce

New Covenant: Laura Pelecheck

Prairie Flower Baptist Church: David Cotner, Jon Rocha

Stonebridge: Trisha Young, Robin Werling, Elaine Brown

Wildwood: Ron May and Gary Davisson

I. Welcome and Introductions

II. Prayer, focusing specifically on thanking God

III. Biblical Counseling Conference is coming to North Liberty!

- a. September 23-24, 2016  
October 14-15, 2016  
November 18-19, 2016
- b. Tracks 1 and 3 offered (If this is your first time attending this conference, take Track 1. If you have taken Track 1, you are free to take Track 3 regardless of whether you have completed Track 2)
- c. Register for the conference through [graceb3.org/training](http://graceb3.org/training) (Click the "Register" button to go to the site)
- d. Free limited host housing is available for those who are travelling from over one hour away! After you register for the conference, request host housing under the home or schedule tab of the registration site.
- e. We will have promotional brochures for you soon!

IV. Training: *"Nuts and Bolts of Counseling: Processes and Procedures Outside the Counseling Room"* Trisha Young and Aimee Marino

Processes and procedures are put in place to serve the counselor, care for the counselee, and reflect the order of an orderly God. No process is perfect, nor should it be set in stone. These should be altered to fit the needs of your congregation. (Note: **bolded** items were handed out at the meeting)

### 1. Intake

- a. Initial contacts can come in from multiple places: email contact, face to face, phone call, referred from the internet, etc.
- b. Direct to **Personal Data Inventory**/ Intake form
  - i. This sets the counselor up for success with a large set of data to guide their question asking, and sets the counselee up for success by

modeling the amount of investment needed for the biblical counseling process

- ii. This PDI should be a guide of where to gather more data, not treated as a be-all, end-all source of data itself
  - iii. As you read the PDI, be continually asking yourself: what does this person need? How can we help?
    - 1. look for patterns (in timing, responses, and relationships), as well as phrases that reveal thoughts about self and God, and level of community
    - 2. Is biblical counseling the best place for them, or do they need other help (involvement in community, medical attention, benevolence, social service help...?)
    - 3. If it is clear that biblical counseling is needed and right for them, will this be a 1-2 session wisdom issue to work through, or an ongoing counseling case for a life-affecting suffering or sin issue?
  - c. If it is unclear from the PDI what the best course of action will be, you have the option of scheduling a single **initial consult** appointment, where the purpose is to gather initial data with the goal of determining the most helpful next step for the person requesting counseling.
    - i. In this appointment, use the **SOS chart** to assess how to care for the person requesting counseling.
  - d. Find advocate.
    - i. Defined as “a concerned friend, family member, fellow church go-er who will provide support through the counseling process and encouragement and accountability throughout the counseling process and after counseling is finished.”
    - ii. See sheets for “**Advocacy Form**” and “**Non-member Counseling Application.**”
  - e. **Consent forms**
    - i. This ensures that the counseling ministry is legally covered, and that the ministry is upfront about the type of counseling offered: and that the Bible and the Gospel will be a part
    - ii. Not professional advice (medical or mental health)
    - iii. **3-H form** (or Commitments form) describes and asks the counselee to commit to hours, homework and humility during the counseling process.
  - f. Connect the counselee to a counselor based on severity of the case and experience of the counselor, and taking into account life experience and personality
2. In the Counseling Room
- a. Take good notes that keep the process of counseling focused. One way Stonebridge has done this is to create a **Google form** that reflects the case

report form for ACBC supervision, to keep the trajectory of counseling on track.

b. Good notes help to guide the sessions in a connected direction

3. After counseling

**a. Counseling Testimony**

i. A counselee and advocate are asked as a part of their final homework assignment to write what God has done during their time in counseling. This is helpful for the counselee to praise God for what he has done, and is useful to spread vision for counseling

ii. Helps us remain diligent to give God the glory for what He is doing!

**iii. Conclusion of Counseling Form**

1. When counseling ends for any reason, a counselor writes a paragraph summary that helps them process through the case as a whole, and if the counselee were to ever return to counseling, gives their new counselor a thorough and efficient briefing on what has been helpful to the counselee in the past.

V. Q & A

VI. Close in Prayer

**Next EIBCC Meeting:** Thursday, July 21<sup>st</sup> from 8:30-10:30 at Kava House in Swisher, IA