

S.O.S. Tool

Severity	1	5	10	Score
	<i>Wisdom Issue</i>	<i>Moderate Conflict</i>	<i>Crisis</i>	
	<i>Mild Stress</i>	<i>Distressed but functioning</i>	<i>Stronghold/Life Dominating Sin</i>	
	<i>Everyday Problem</i>	<i>More Complex Issue</i>	<i>Significant Suffering</i>	

Ownership	1	5	10
	<i>Repentant</i>	<i>Sees sin</i>	<i>Blameshifts</i>
	<i>Open, humble</i>	<i>Makes excuses</i>	<i>Defensive</i>
	<i>Highly Teachable</i>	<i>Moderately Teachable</i>	<i>Denial-Not Teachable</i>

Support	1	5	10
	<i>Close to family</i>	<i>Some family support</i>	<i>Estranged from family</i>
	<i>Intimate & Accountable</i>	<i>Few Friends</i>	<i>No Friends</i>
	<i>Vulnerable in small group</i>	<i>Somewhat open in small group</i>	<i>Isolated-Not in small group</i>

S.O.S. Total Score

To find the right score, add your severity, ownership and support scores together. You should come up with a score between 3 and 30. The following ranges will help you decide what to do next. Remember you need to adjust responses on a case-by-case basis.

Total Score Range	How to Best Address
3 - 15	Care for in the group; consult with your small group leader
16-24	Consult with small group leader; possibly refer to Biblical Counseling Ministry
25-30	Refer to Biblical Counseling Ministry for formal counseling