

EASTERN IOWA BIBLICAL COUNSELING COALITION

Swisher, IA

May 17th, 2018

Present:

Bethel Baptist-Oskaloosa: Steve Cox

Buffalo Prairie: Marc Shefelton

Community Bible: Dennis Fulkerson

Grace Community: Jim Sabin, Jason Blackley, Aimee Marino

Harvest Davenport: Chuck Donaldson

Maranatha: Thad Joyce

New City: Michelle Roseberry

New Covenant: Mark Forstrom

Noelridge Park: Gordon Howe

Parkview: John McHale, Andrea Gaston, Dave Foster

Redeemer: Joe Brinkmann

Stonebridge: Elaine Brown

I Welcome and Prayer

II. Introductions and Updates:

- a. Save the date for the Fall EIBCC Training Conference
 - i. November 2-3rd at Grace Community Church in North Liberty, IA
 - ii. *Redeeming Trauma: Help and Hope for those Who Suffer*

III. Jason Blackley: "Case Study: Howie"

- a. What questions does Howie's intake form raise? A few examples:
 - i. Why does he not want to go to his own church for help?
 - ii. Why do his kids want nothing to do with him?
 - iii. Is there something he is afraid to lose that is causing the panic?
 - iv. What happened in the "episode?"
 - v. What exactly is Panic Disorder, agoraphobia, and Benzodiazepine medication (and its side effects?)
 - vi. Has this "episode," or smaller incidents like it, happened before?
 - vii. What is his relationship like with his wife? Does he have good biblical community to support him?
- b. What would you cover in the first session, and how would you use the C.A.R.E. model? A few examples:
 - a. Have you ever had this problem in the past- big or small?
 - b. Walk me through what happened in the "episode."
 - c. Have you been diagnosed with anything else, or taken other prescribed medication?
 - d. What happened in the hospital? Where was your family?
 - e. Kids: what makes you think they want nothing to do with you? What are your expectations for your relationship with your children?
 - f. What is your definition of "saved?" If you died today and stood before Jesus, why should he let you into heaven? What God do you believe in?
 - i. Reports that he "occasionally reads the Bible": how often is "occasionally?"

- ii. Ask for his testimony
- c. How would you use the C.A.R.E. model to develop a 10-15 week counseling plan for Howie?
 - a. Discussed at tables
- d. Jason shared Mark 10:17-27.
 - a. REMEMBER: The most important thing we can give our counselees is Christ. With man, real change is impossible, but with God all things are possible. If the counselee is redeemed and filled with the Spirit, and has decided to pick up his cross and follow Christ, miracles will happen as the Spirit works. If he will not pick up their cross and follow Christ, we can do nothing for them but continue to show them Jesus.

IV. Closing Prayer

Next Meeting: June 21, 2017