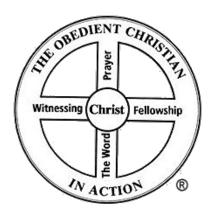
Using The C.A.R.E. Model To Disciple

Adapted from Biblical Soul Care in the Local Church by Garrett Higbee

EIBCC Monthly Equipping: Dave Kirk April 19th, 2018

- 1. C. <u>Connect</u> with <u>Christ-like compassion</u> Matthew 14:14, II Corinthians 1:3-5
 - We have to see people as <u>sinners</u>, <u>sufferers</u> and if they are followers of Christ, saints.
 - We practice <u>radical hospitality</u>.
- 2. A. Assess the heart Luke 6:45, Ephesians 4:12
 - Ask <u>X-ray</u> questions. (Good ones start with <u>why</u> and <u>how</u>)
 - Looking for the heart's:
 - W. Worship
 - I. Identity
 - L. Love
 - L. Lifestyle
- 3. R. Respond with truth and grace Ephesians 4:15
 - Need both truth and grace
 - Should be <u>Biblical</u>
 - Use all of the Bible to equip from.
- 4. E. Encourage and Equip Ephesians 4:11-12
 - Every <u>interaction</u> should end with <u>encouragement, hope</u> and practical application.
 - Assign homework that is <u>applicable</u> to the heart issues that are evident.

 Try to give assignments that cover every area of a disciple's life. (See the Navigator Wheel Illustration)



Practical Applications for use of the CARE Model:

- 1. Counseling/Shepherding
- 2. Leadership Development
- 3. Community Groups
- 4. Short-term missions
- 5. In the home
- 6. Workplace Bible study

...You get the idea: This is a model of discipleship you can use anywhere, whether you are meeting with an individual or training people to disciple others.