

USING THE C.A.R.E. MODEL TO DISCIPLE

Adapted from *Biblical Soul Care in the Local Church* by Garrett Higbee

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1. C. Connect with Christ-like compassion Matthew 14:14, II Corinthians 1:3-5
 - We have to see people as sinners, sufferers and if they are followers of Christ, saints.
 - We practice radical hospitality.
2. A. Assess the heart Luke 6:45, Ephesians 4:12
 - Ask X-ray questions. (Good ones start with why and how)
 - Looking for the heart's:
 - W. Worship
 - I. Identity
 - L. Love
 - L. Lifestyle
3. R. Respond with truth and grace Ephesians 4:15
 - Need both truth and grace
 - Should be Biblical
 - Use all of the Bible to equip from.
4. E. Encourage and Equip Ephesians 4:11-12
 - Every interaction should end with encouragement, hope and practical application.
 - Assign homework that is applicable to the heart issues that are evident.

- Try to give assignments that cover every area of a disciple's life. (See the Navigator Wheel Illustration)



Practical Applications for use of the CARE Model:

1. Counseling/Shepherding
2. Leadership Development
3. Community Groups
4. Short-term missions
5. In the home
6. Workplace Bible study

...You get the idea: This is a model of discipleship you can use anywhere, whether you are meeting with an individual or training people to disciple others.