

EASTERN IOWA BIBLICAL COUNSELING COALITION

North Liberty, IA | January 17, 2019

Present:

Buffalo Prairie: Mark Shefelton
Cornerstone: Jeff Olson
Faith Bible Cedar Rapids: Sue Frederick
Faith Baptist Iowa City: Sydney Millage
Grace Community Church: Peg and Jim Sabin
Harvest: Chuck Donaldson
Mt Vernon: Dennis Fulkerson, Darla Fader
New City Church: Michelle Roseberry
Prairie Flower Baptist: David Cotner, Jon Rocha
Redeemer: Joe Brinkmann
Stonebridge: Debbie Howington, Ron and CJ Zachariason
Veritas Cedar Rapids: Michelle Novak, Robin Werling
Walnut Creek Baptist: Daniel McCoy, Daniel Wood
Wildwood: Mark Barr

Announcements and Updates:

1. Next Month's meeting will be at Grace Community Church in North Liberty, IA
2. Biblical Counseling Celebration Night at Grace Community Church on January 26th at 5pm. Celebrating Stories of Redemption. Register at graceb3.org/celebrate

Teaching: Jason Blackley - Qualifications of a Biblical Counselor

- I. Discussion Questions:
 - What qualifies you to be a biblical counselor?
 - What makes you feel unqualified?
- II. What qualifies us to counsel?
 1. The Gospel: the components
 - i. Reminds us of our redemption
 1. 2 Corinthians 4:5
 2. Romans 5:1-8
 - ii. The Gospel helps us understand bad news; it starts with bad news
 1. This allows us to empathize: we have the same heart issues
 - iii. Reminds us that we have good news: the whole of scripture is filled with it



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- iv. Indwelling power of the Spirit
 - 2. God's Word
 - 3. Spirit of God
 - i. In the counselee(s), in the counselor, and also outside the counseling room
 - 1. In them: God's Spirit works in the life of the counselee. The counselor's job is to unlock the power of the Holy Spirit in the counselee.
 - 2. In the counselor (you): the Spirit works through us in supernatural ways
 - 3. Outside of the counseling room: your session is not the magic hour- there's only so much you can do in a single hour. But the Spirit is working outside the counseling room
 - 4. Training you already have:
 - i. Training through life
 - ii. Life experiences that the Lord has given you. Many of these we call weaknesses, but God uses them as strengths, as they have equipped us to empathize with and encourage others
 - iii. Call and commission on our lives
 - 1. Matt 28: 18-20
- III. Caveats:
- 1. When people sin and suffer, there is *always* a gospel component to that sin and suffering
 - 2. Sometimes, there is a biological component.
 - i. There is *always* a spiritual problem, but there are *sometimes* biological problems, too.
 - 3. Sometimes we need outside, specialized care.
- IV. What's Next:
- 1. Pursue more training:
 - i. Conferences
 - ii. Audit a biblical counseling course through certain seminaries
 - iii. Read a great book (preferably with someone else)
 - iv. Come to the EIBCC
 - v. Dive into others' suffering. Jump in with a humble heart, and just do it.

Next Meeting: February 21st, 2019 at 8:30am at Grace Community Church



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