

The Heart is the Target - Marriage

The heart in biblical counseling

- The day our condo flooded
 - you have to know the problem before we can fix it
- In biblical counseling you nor they know what the real problem is
- It's tightrope walking
- Fruit chasing
- The danger is wasting your time and theirs
- Also there is a danger of ceasing to be a biblical counselor
- Counseling a religious unbeliever
- Jeremiah 31
 - Miraculous work
 - Sanctification continues to be miraculous
 - 1 Corinthians 15:1-2

[1] Now I would remind you, brothers, of the gospel I preached to you, which you received, in which you stand, [2] and by which you are being saved, if you hold fast to the word I preached to you—unless you believed in vain.

- Romans 8:11

[11] If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ Jesus from the dead will also give life to your mortal bodies through his Spirit who dwells in you.

What does Jesus say about the heart?

- Luke 6:43-45
- Keep your heart with all vigilance, for from it flow the springs of life. - Proverbs 4:23

The heart in marriage counseling

- My boys fighting and me not going what actually happened
- It's right rope walking without a net
- The difference is they think they know what's wrong, and it's not them!
- When one is not renewed
- When both are not renewed
- When both are renewed

How?

- When I got the call about the flooding
- Ask good questions
 - More "how" questions than "what" happened questions

- Listen
 - Good note taking
 - "quotation marks"
 - Running Agenda
- Look for themes
- Look for their idols
 - What is the center of their life?
 - What is the root of their tree?
- Highs and lows
- Good, biblical homework
- Don't think it is over when you find the heart issue. It's just beginning!

Recommendations

- the mystery of marriage - mike mason
- "What did you Expect" - Tripp
 - Not just for premarital