

**EIBCC MONTHLY TRAINING**  
**CARE FOR THE COUNSELOR: THE JOY AND PEACE OF ABIDING IN CHRIST**  
**JAN. 19th 2023**

*“Abide in me, and I in you. As the branch cannot bear fruit by itself, unless it abides in the vine, neither can you, unless you abide in me.”*

*Jn. 15:4*

*“Being in Christ is to discover our true, God given identity. You are alive in Him, moving with Him through this world, clothed in all His benefits and blessings. You are in Christ. To be found in Christ means you don’t have to prove yourself anymore.”*

*Rankin Wilbourn, Union With Christ*

**Intro... The most foundational part of biblical counseling is the heart and at the very center of the heart is connection.**

**Share my Story**

**I. What it Means to Abide.**

- A. To tolerate, endure, and wait patiently Webster’s Dictionary.**
- B. Biblical definition of abide is to remain or stay, continue to exist and persist. It means to reside in a close intimate and permanent relationship between the believer and God..**

*“ I have been crucified with Christ, It is no longer I who live, but Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God who loved me and gave himself for me.”*

*Gal. 2:20*

*“ Set your minds on things that are above, not on things that are on earth. For you have died, and **your life is hidden with Christ in God.***

*Col. 3:3*

**II. Benefits of Abiding**

**A. Rest for your Soul.**

*“Abiding in Christ is nothing more but the giving up of oneself to be ruled, taught and led and so resting in the arms of the Everlasting Love.”*

*Andrew Murray*

*“So then there remains a Sabbath rest for the people of God. for whoever has*

*entered God's rest has also rested from his works as God did from His."*

Heb.4:9-10

**B. \_\_\_\_\_Reminder\_\_\_\_\_ of your \_\_\_\_\_identity\_\_\_\_\_ in Christ**

*"Union with Christ, gives you a completely new self-understanding found outside of yourself in Christ. Union with Christ gives you a new identity."*

Ranken Wilborn

Identity Statements that are reinforced by Abiding:

1. I am a \_\_\_child of God\_\_\_ (2 Cor. 5:17)
2. I am an ambassador of Christ (2 Cor. 5:20)
3. We are God's handiwork created in Christ (Eph. 2:10)
4. We are \_\_\_hidden\_\_\_\_\_ in Christ (Col 3:3)
5. We are chosen, a royal priesthood, holy nation (1 Peter 2:9)
6. We are loved (John 3:16)
7. We are a child of God, adopted into his family (Eph 1:5)
8. We are more than \_\_\_conquerors\_\_\_\_\_ (Rom 8:37)

**C. \_\_\_\_\_Peace\_\_\_\_\_**

1. With God

*"And the effect of righteousness will be peace, and the result of righteousness quiet and trust forever. My people will abide in a peaceful habitation. "*

*Isa. 32:17, 18a*

2. With others and in our circumstances

*"Do not be anxious about anything but in everything by prayer and supplication with thanksgiving let your requests be made known to God (abide) and the peace of God which transcends all understanding will guard your heart.*

Phil 4:6-7

**D. \_\_\_\_\_Wisdom\_\_\_\_\_**

**E. \_\_\_\_\_Awareness\_\_\_\_\_ of God's presence and workings**

**III. Some Tools for Abiding**

1. Bible reading, meditation and memorization,
2. Unceasing Prayer
3. Repentance and Confession
4. Solitude
5. Declaration Statements

#### **IV. Resources:**

1. Abiding in Christ Andrew Murray
2. Union With Christ "The Way to Know and Enjoy God" Rankin Wilbourn
3. Desiring God John Piper
4. Gentle and Lowly Dane Ortlund
5. Daily Kairos Prayer Journals